








# MARVELLOUS AMALFI

According to legend, Hercules founded the village of Amalfi and named it after his mistress. The settlement became a powerful maritime republic of the High Medieval Period, largely thanks to the Tables of Amalfi Maritime Code, the oldest navigation code in the world. From this glorious past, the Amalfi Coast has retained oriental Arab-Sicilian and Norman influences. A striking mixture of tiny villages sit nestled at the foot of the cliffs and whitewashed houses are shaded by vineyards and olive groves. This varied itinerary enables you to discover the iconic city of Naples, the living Pompeii at the foot of Mount Vesuvius and the tiny coastal villages beneath the cliffs. Discover beautiful walks through the nature, hike along old mule tracks and explore Vesuvius, one of the most famous volcanoes in the world. Other trip highlights include hiking on the island of Capri! Throughout your journey, you will have the opportunity to meet local artisans and producers and you can taste the specialties of the Amalfi Coast.

 Region	Naples and the Amalfi Coast
 Activity	Hiking & Trekking Tailor-made
 Duration	7 days
 Code	ITAEIAFITALT
 Price	From €850
 Level	3/5
 Comfort	4/5

## ITINERARY

### Day 1 Arrival: Naples



From the airport, take a public bus or a taxi to your accommodation in central Naples. Depending on your arrival time, you can take a stroll through the city and get a first glimpse of the famous bubbling city of Naples.

*Transport: Bus public or taxi from the airport*

*Accommodation: Hotel*

### Day 2 Pompéi then Herculaneum or Naples



This morning you visit the astounding archaeological site of Pompeii. You can then choose to go to Herculaneum, or to return to Naples for a city tour. Both of the towns Pompeii and Herculaneum were destroyed during the eruption of Vesuvius in 79 AD, both sites are in a remarkable state of preservation providing an invaluable testimony to ancient Rome. The historic centre of Naples is a UNESCO World Heritage Site. Visit the baths, villas, temples and theatres. Discover the unique history and soul of each neighbourhood and soak in the special atmosphere which reigns in this city!

*Train from Naples to Pompéi: 30 minutes*

*Train from Pompéi to Herculaneum: 20 minutes*

*4 - 5 hours of visits*

*Accommodation: Hotel*

### Day 3 Capri



This morning you travel by airboat to the famous island of Capri. Here, charming houses line flowery alleys and small narrow streets with delightful sea views... As soon as you arrive it is clear why this stunning island is so famous! Move away from the touristy port to discover the hidden beauties of the island. A lovely walk leads you to magnificent views and you are immersed in the intoxicating beauty of this mediterranean island with its sumptuous villas, flower gardens and delicious turquoise waters. Back to Naples.

*Boat from Naples to Capri: 45 minutes*

*3 - 4 hours of hiking*

*Elevation: +300 / - 300m*

*Accommodation: Hotel*

### Day 4 Vesuvius and Agerola



Private morning transfer to Vesuvius. Today you hike to the edge of the crater, where a guide will give you information on the history and geology of one of the most famous and dangerous volcanoes in the world. You enjoy magnificent views of the Bay of Naples. Then, your driver takes you to the lovely village of Agerola, the starting point for many hikes.

*Private transfer from Naples to Vesuvius: 1 hour*

*2 hours of hiking*

*Elevation: +200 / - 200m*

*Private transfer from Vesuvius to Agerola : 1 and 1/2 hours*

*Accommodation: Hotel*

#### 📍 Day 5 **The Path of Gods from Agerola to Positano**



Today you follow the path of the gods. Discover a superb hike along an old mule track which once linked Agerola to the village of Positano. The views are simply stunning throughout. From the highest points, you can appreciate the sublime coastal landscapes, the iconic steep cliffs and pretty suspended villages. Once you arrive, enjoy some free time to visit Positano, a small cliffside village, with multicoloured houses which descend to the sea. Weather depending, you return by boat or bus to Amalfi, then you take the bus back to Agerola.

*4 hours of hiking*

*Elevation: +150 / - 700m*

*Boat or bus from Positano to Amalfi, then bus from Amalfi to Agerola: 2 hours*

*Accommodation: Hotel*

#### 📍 Day 6 **La vallée des moulins et le village de Ravello**



Today you go up the beautiful Valley of the Mills (Vallee delle Ferriere). The road is lined with streams and waterfalls and you discover sublime lemon tree terraces and the old mills which used to make paper. Your path continues to Ravello, a beautiful village 350m above sea level. Take the time to lose yourself in the narrow streets and to visit the sumptuous villas Cimbrone and Rufolo. Finally, you discover Atrani, one of the most charming picturesque villages along the Amalfi Coast.

*Bus from Agerola to Amalfi: 45 minutes*

*5 hours of hiking*

*Elevation: +600 / - 600m*

*Bus from Amalfi to Agerola: 45 minutes*

*Accommodation: Hotel*

#### 📍 Day 7 **Agerola - Naples Airport**

Transfer to Naples Airport in function with your flight times.

*Private transfer from Agerola to Naples Airport: 1 and 1/2 hours*

The details in this indicative programme are updated regularly but imponderables and unpredictable circumstances may result in inaccuracies. Please note that in order to provide the adventure which is best suited to your demands, the weather and the operational conditions, changes to the programme may be made.

## PERIOD & BUDGET

### When to travel?

The best period for travelling is during the following months:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
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### Price

From 01/04/18 to 31/10/18

- 2 people (double rooms) from 545 € per person
- 3 people (triple rooms) from 495 € per person
- 4 people (2x double rooms) from 445 € per person

*The budget is an indication of the price per person, subject to availability. Your local agent will send you a customized quote with the exact price. The price can vary according to availability, level of services, period of travel, number of participants, booking time frame and other items.*

### Included

- Hotel accommodation with breakfasts (3 nights in Naples & 2 nights in Agerola)
- Evening meals in Agerola
- The private transfers (Days 4 & 7)
- Our assistance 24 hours 7 days a week
- A detailed roadbook with your comprehensive itinerary, logistic details and local tips

### Not included

- Your international flights
- Evening meals in Naples and all lunches
- The transfers on public transport (buses, trains, metro...) (around 100€)
- Entrance fees: Versuvius (10 €), Pompéi (17 €) and museums
- Tourist tax (around 2€ per person per night)

### Terms and conditions

#### Booking conditions

Booking a trip with Altaï Italia implies acceptance of the terms and conditions of sale. Each customer is required to complete a registration form and, subject to availability at the time of registration, travellers are expected to pay a deposit of 35% of the total price to complete their booking. Payments can be made online or by bank transfer. You will receive an e-mail with your booking confirmation.

#### Invoice procedure

Once your booking is confirmed you will receive an invoice by e-mail. The full balance of the trip must be received at least 35 days before your departure date. Altaï Italia reserve the right to cancel your booking, free of charge, if this deadline is not respected.

#### Cancellation policy

##### Cancellation Terms and Fees:

If, for any reason, you need to cancel your trip, the amounts you have paid will be refunded, subject to the following deductions:

- More than 31 days before the departure date: 30% of the total booking amount (excluding insurance).
- Between 30 and 21 days before the departure date: 40% of the total booking amount (excluding insurance).
- Between 20 and 14 days before the departure date: 50% of the total booking amount (excluding insurance).
- Between 13 and 7 days before the departure date: 75% of the total booking amount (excluding insurance).
- Less than 7 days before the departure date: 100% of the total booking amount (excluding insurance).

##### Special Cases:

Regardless of the cancellation or contract modification date, the following fees are added to the above schedule:

- **Fixed air fees:** If your plane ticket needs to be issued well in advance to avoid significant surcharges, 100% of the non-refundable fees will be charged in case of cancellation or modification of your flight plan. In this case, the above schedule only applies to the price of the trip without the flight.
- **Fixed land fees:** Fees incurred early for firm bookings will be charged in the event of cancellation.
- **Insurance fees:** Whether you have subscribed to comprehensive or cancellation insurance, the insurance fee is due and cannot be refunded.

**Please note that fees apply according to the date we receive your cancellation or modification request in writing.**

If we have to cancel a departure due to an insufficient number of participants, you will be informed no later than 21 days before departure and a full refund will be issued, you will not be entitled to further compensation. We reserve the rights to cancel departures due to exceptional circumstances which may impact the safety of participants. Such circumstances include those amounting to 'force majeure' in which case participants will receive a full refund but they will not be entitled to any compensation.

### **Changes to travel contract**

If you wish to make a change to your booking please contact Altaï Italia in writing; you will be expected to pay any fee which might arise from this change. In the event of unforeseen external events, Altaï Italia may change some aspects of the travel contract. If any changes are necessary you will be informed as quickly as possible.

### **Pricing**

The prices on our website are updated regularly and all of the prices we advertise are accurate when published. Altaï Italia reserve the rights to make changes to any of these prices. Before you make a booking we will give you the up-to-date price of your chosen holiday including any supplements, upgrades or additional activities you may have requested. If the number of travellers is fewer than the indicated number of participants on the website, a small group surcharge may be applied. For all of our trips we include details of services, prices and what is/is not included but please be aware that changes to the prices may be necessary in accordance with exchange rates or price changes of various components of the journey.

### **Contract transfer**

If you are unable to travel for any reason, you can transfer your booking to another person in which case our modification conditions apply. Both the transferor and transferee will be jointly and severally liable for payment of the total holiday price and other associated expenses. Some airline carriers treat name changes as cancellations and you may be required to pay for the cost of a new ticket.

### **Insurance**

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We strongly recommend that you take out personal travel insurance for your trip with Altaï Italia as soon as your booking is confirmed. We advise you to purchase a travel insurance policy which covers flight cancellations, luggage loss and emergency health care. Please look carefully at which activities are covered by your insurer and do not forget to bring all necessary documents and information with you (name of the company, name of the contract, insurance policy number, telephone number...)

## PRACTICAL INFO

### Staff

This is a self-guided adventure. You will be equipped with a detailed roadbook containing all the necessary information for your trip including your comprehensive itinerary, maps and detailed descriptions for your walks and all logistical details. Our dedicated staff are here to assist 24 hours, 7 days a week should you have any questions or worries when in Italy.

### Food

All breakfasts are included. In Agerola evening meals are also included. You will have no issues preparing hearty picnics in Naples and Agerola (suggestions and advice found in your roadbook). For dinners in Naples, the possibilities are endless! Let the local gastronomy delight your taste buds...

Please let us know about any dietary requirements when you book the trip and we will work with you to cater for your needs.

### Accommodation

In Naples you stay in 2 or 3 \* hotels or in B&B accommodation. We only use accommodation located near the centre and port. In Agerola, you stay in small family-run hotels, close to hiking departures and bus stops.

### Budget & exchange

**The currency is the Euro, € (EUR)**

Visit <http://www.xe.com> for the latest currency converter and exchange rates. You can withdraw euros from in-country ATMs and card payments are widely accepted.

Please budget for in-country transfers as necessary, meals as necessary, tips, drinks and personal expenses.

### Tips

Although the custom is not widespread here, if you are satisfied with the services of your guide, tipping is always appreciated - it is not obligatory and should be left to the discretion of each individual.

### Vital equipment

- Sturdy hiking boots, good quality necessary, choose high rise boots to protect your ankles which non-slip 'vibram' soles
- Walking trousers
- Shorts
- T-shirts (sports tops, fast-drying, technical materials)
- A quality rain coat, breathable with sealed seams (Nikwax / Gore-tex...)
- A sunhat / cap
- Your swimsuit and a fast-drying towel
- Your personal toiletries
- A towel
- Sunglasses (quality)
- Sun cream (face and lips)
- A head torch and spare batteries
- Water bottle(s) min. 1.5L, light, refillable and isothermal

### Helpful equipment

- Casual shoes for the evenings and for exploring towns/villages
- Toilet paper and a lighter
- Anti bacterial hand gel
- A tupperware box and cutlery for picnics
- Hiking poles
- A compass

### Luggage

We advise you to pack your belongings as follows:



- A small backpack 35-40 litres with a waist strap to carry with you each day containing your camera, water, your lunch, swimming stuff, a spare jumper etc...
- A large marine style bag or rucksack containing the rest of your belongings
- An anti-theft pouch to wear around your neck or waist containing your important documents

## Medicine

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We recommend that you bring a small personal first aid kit containing any medication you may need such as inhalers, plasters, antiseptic and painkillers...

## Passport

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To go to Italy, most travellers need a valid passport. It is your responsibility to confirm your specific passport requirements.

## Visa

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Most travellers will not need to obtain a visa. It is your responsibility to confirm your specific visa requirements.

## Mandatory vaccines

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No mandatory vaccinations are required.

## Health information & recommendations

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A consultation with your doctor is a prerequisite for any trip.

## Weather

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The climate in Italy varies depending on the region. As a rule it is very hot in the summer, especially in Southern Italy, Autumn is exquisitely mild and sea temperatures enable bathing until November. Spring is undoubtedly the best time to go hiking in Italy.

## Electricity

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European-style plugs with two round pins are used. Voltage is normally 220/230 V, 50 Hz.

## Local time

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Italy uses Coordinated Universal Time (UTC)/ Greenwich Mean Time (GMT) +1. Daylight Saving Time (DST) is observed here.

## Sustainable tourism

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Altai always aims to have as little impact on the environment as possible. As adventure and wilderness travel experts who run trips to some of the most remote parts of the world, we take Responsible and Sustainable Tourism very seriously.

Since the beginning, we have advocated for responsible tourism and the importance of equitable and sustainable principles. Harmonising these fundamentals ensures a fair distribution of economic benefits, improved working conditions for local teams and an increased awareness of the importance and practice of environmental protection.

We kindly request that you adopt the following simple actions when travelling with Altai Réunion in order to support our ethical, sustainable and responsible tourism policies:

- Avoid dropping litter - use bins or carry your rubbish with you.
- Use drinking water sparingly - avoid wasting water, take showers not baths, report leaks, etc..
- Support the preservation of cultural sites - resist the temptation to touch statues, move stones etc..
- Exchanges are preferable to donations - generations gifts can destabilize the local economic balance.
- When walking, be aware of fragile ecosystems, observe wildlife from a distance, stick to trails, limit trampling and do not steal from the nature - resist the temptation to pick flowers, collect fossils or stones...
- Some hotels have air conditioning - to avoid excessive energy consumption and greenhouse gas emissions, please use sparingly and remember to cut the aircon when you are not in the room.